



Dear Sensei, Officials, Coaches, Athletes, and Parents:

Welcome to the Oregon State Karate Championships to be held on Saturday, April 27, 2024, at the Yoshida Events Center at Mt. Hood Community College, Gresham, Oregon. We greatly appreciate the generosity and opportunities provided by Junki Yoshida Sensei for our use of the Yoshida Event Center and his leadership in growing Karate in the Great Northwest.

We are excited to assist in promoting Karate to the next level! The dedication and pride that athletes, coaches, and officials have in preparing and participating in competition and the camaraderie it brings is always a part of Oregon State Karate Championships. We are expanding opportunities for athletes to have higher-level competition by bringing in USA Karate, PKF, and WKF officials and athletes from out of state.

Please take this opportunity to develop your knowledge and skills in the rules, and improve your officiating with a USA Karate Rules course by Jay Farrell, USA Karate Referee Committee, World Karate Federation Referee of Karate, at the JKF NW Honbu Dojo on April 6th, Japan Karate Federation Ryobu-kai NW, 7189 NE Imbrie Dr, Hillsboro, OR 97124.

Additionally, we are excited to continue last year's successful new divisions, including Team Kata, Family Team Kata, Para-Karate Kata, and "My First Tournament" divisions. We use modified USA Karate rules with the WKF updates.

There will be a meeting for officials at 8:30 am on April 27. Team Kata and Kobudo divisions will begin at 9:00 am, and others will start at 10:00 am.
Register at www.KarateTMaster.com.

We look forward to seeing you there.

Sincerely,

Scott Pillsbury, Jay Farrell, and Jem Corcoran
Tournament Directors



OREGON

**Karate
Championships**

Saturday, April 27th, 2024

Mount Hood Community College

**Yoshida Event Center, 26000 SE Stark St,
Gresham, OR**

Contacts: Scott Pillsbury 503-522-0201 (scottp@rclabel.com)

Jay Farrell 206-250-4965 (jay.Farrell@colorado.edu)

Yoshida Gourmet Sauce for all winners!

**Competitors MUST Pre-Register by 9 pm on 4/26/24
www.KarateTMaster.com**

8:00 Venue opens

8:30 am Referee/Coaches briefing

9:00 am Team Kata and Kobudo divisions

**10:00 am 35+ Advanced & Para Divisions followed by all other
Divisions**

Officials pre-registration: <https://forms.gle/w71xmyz31mDwDUhM8>

Coaches pre-registration: <https://forms.gle/8QAXQuzja6MHNFkz6>

Volunteers registration: Contact Amie Leon to sign up for virtual
volunteer training on April 6th (Amie.Leon@comcast.net)

RULES

**Modified USA Karate rules will be used for the competition. Current
WKF modifications will be used.**

**This event is marked by its focus on traditional karate, friendship,
learning and great competition.**

MEDICAL INSURANCE

All competitors MUST be covered by personal medical insurance.

2024 Oregon Karate Championship COMPETITION RULES (revised 4/27/2024)

Rules: USANKF Rules of Competition – modifications may be accommodated to ensure the smooth running of the competition. This is just a summary and not exhaustive. Tournament directors may change rules based on circumstances.

1. Dependent upon the number of officials available, USA Karate rules for one referee, two judges, and match controller based on the WKF Youth League procedure will be utilized in all kumite & kata divisions.
2. Advanced 12-34 y/o advanced kumite divisions may use the four-judge procedure.
3. Link to USA Karate Rules of Competition: www.teamusa.org/USA-Karate/Events/Rules-of-Competition

Kata: All Beginner/Novice Divisions

1. Competitors perform simultaneously, two at a time.
2. Competitors may perform only katas listed:
3. Taikyoku, Heian – Pinan, Gekisai, Fukyu Kata, Kihon Kata. (Tournament director may authorized other on a case basis).
4. Competitors may repeat kata in all rounds.

Intermediate Divisions

1. Competitors perform simultaneously in all rounds.
2. May perform any kata.
3. If combined with an advanced division, kata may be repeated throughout.

Advanced Divisions

1. Competitors perform simultaneously, two at a time, in elimination rounds.
2. Competitors perform individually in the gold medal round.
3. May perform any kata.
4. Must perform a different kata (not performed in immediate previous round) in a medal round.

Kumite: Match time and scoring.

1. All divisions except 14 y/o and up advanced divisions: 1-1/2 minutes, stop time, 8-point spread.
2. All divisions age 14 and up advanced divisions: 2 minutes, stop time, 8-point spread.

Prohibited Behavior:

Non-injurious, controlled touch to the body is allowed with hand and foot techniques.

1. Age 16 and over: Non-injurious, light controlled “touch” contact to the face, head and neck is allowed (but not to the throat) with hand and foot.
2. Ages 12-15: No touch or contact to the head, face, and neck is allowed with hand techniques. Jodan kicks may make the lightest touch (“skin touch”) and score.
3. Ages 11 and under: Contact to the head, face, and neck are prohibited.

Ten Second Rule: No ten second rule for divisions up to and including age 13.

Mandatory Equipment: All divisions: all white karate-gi (dojo patch permitted), fist guards (red, blue, white), mouth guard, groin protector (males).

Optional Equipment: Shin pads/foot pads (WKF type), body protector, head protector.

Link to Officials Registration: <https://forms.gle/w71xmyz31mDwDUhM8>

Link to Coaches Registration: <https://forms.gle/8QAXQuzja6MHNfKz6>

Volunteers Registration: Contact Amie Leon to sign up for virtual volunteer training on April 6th
(Amie.Leon@comcast.net)

**Saturday
April 27th, 2024**

Mt. Hood Community College
Yoshida Event Center
26000 SE Stark Street,
Troutdale OR, Gresham OR



Volunteer Sign up:
Contact Amie Leon at
amie.leon.comcast.net



VOLUNTER INFORMATION

- No previous experience required.
- All volunteers will receive lunch.
- Parents and other competitors make great volunteers.
- You can be excused to watch your child compete or to compete yourself.
- An optional free VOLUNTEER ORIENTATION (via Zoom) will be taking place on Saturday April 6th. This orientation will help new (and experienced) volunteers learn about what will be expected at the tournament. The orientation will no more than 1.5 hours and will include a presentation and opportunities to ask questions.
- Please contact Amie Leon (amie.leon@comcast.net) for more details and to sign up.

Oregon State Karate Championships
Saturday April 27th, 2024
Mt. Hood Community College Yoshida Event Center
26000 SE Stark Street, Troutdale OR, Gresham OR 97030
Coaches meeting @ 8:30am
Coaches Contact: David Munden 253-632-3983 (davidmunden@hotmail.com)



- Thank you for coming to support our event! Modified USA Karate rules will be used for the competition. Current WKF modifications will be used. All coaches must attend the Coaches Meeting at 8:30am and agree to the coach's code of conduct below. Credentials will not be issued to anyone not present at the Saturday 8:30 briefing unless prior arrangements are made with the Coach Supervisor, David Munden.
- **Coaches Pre-Registration 2024 link:**
<https://forms.gle/kWXe9uoWZsjGmLQv7>



Host Hotel - Quality Inn

**2752 NE Hogan
Drive,
Gresham, Oregon**

(503) 907-1777

Mention “Karate”

Yoshida Event Center enter from NE 17th Dr (Backside of MHCC)

